



2019 TNPS FIELD TRIPS



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| <p>3/23, Early Spring Flowers in the Cedar Glades and Fire Ecology</p> <p>The limestone glades of middle Tennessee are home to many interesting plants. Some of these emerge very early. We will see Nashville glade cress and other early flowers as well as seasonal streams associated with karst features. The trip will last a few hours and cover less than 2 miles, mostly on trails that are not steep or of great difficulty. Water and snacks are recommended.</p> <p><i>Difficulty:</i> Easy but the trails could be muddy.</p> | <p><i>Leader:</i> Todd Crabtree 615-532-1378 todd.crabtree@tn.gov</p> <p><i>Meeting Place:</i> Couchville Cedar Glade State Natural Area (36.1013 / -86.5294) <i>Time:</i> 10:00 AM Central</p> <p><i>Lunch:</i> Bring food and plenty of water <i>Facilities:</i> None</p> |
| <p>4/6, Shakerag Hollow</p> <p>This is a joint hike with the new Middle Tennessee Wild Ones and TNPS. Shakerag Hollow ranks as one of the top locations for early spring ephemerals in Middle TN. It contains a beautiful mature forest located within the Domain of the University of the South. Numerous scenic features include tall rock faces, caves, waterfalls, and mountain streams. The trail has a continuous display of wildflowers. Among the many plants we should see include <i>Trillium grandiflorum</i> and <i>T. sulcatum</i>, trout lilies, ramps, Dutchman's breeches, celandine poppy, dwarf larkspur, purple phacelia, and early saxifrage. The sandstone escarpment often has halberd-leaf violet (<i>V. hastate</i>) and Sweet White violet (<i>V. blanda</i>), shrub yellowroot, and shining club moss. Midway through the hike, if we're lucky, we may find the showy spotted mandarin (<i>Prosartes maculata</i>) with its creamy-white flowers dotted with maroon specks.</p> <p><i>Difficulty:</i> Hike about 2 miles, excellent trail of moderate difficulty, with elevation change ca. 400 ft.</p> | <p><i>Leader:</i> Dennis Horn and Mary Priestley 931-461-0262 horndd@lighttube.net</p> <p><i>Meeting Place:</i> Meet at University of the South Entrance Gates (35.210034, -85.898113). Directions: Leave I-24 at exit 134 in Monteagle. Take US 41-A toward Sewanee. Continue 3.7 miles to the University gates. The parking area is on the right just past the gates. <i>Time:</i> 10:00 am Central</p> <p><i>Lunch:</i> Bring trail lunch, water, and camera. A car shuttle is required. A liability waiver may be required. <i>Facilities:</i> Nearest facilities are in Monteagle.</p> |
| <p>4/7, Short Springs Wildflower Hike</p> <p>Short Springs State Natural Area is well known for its spring display of wildflowers. Numerous spring ephemerals are at home on the slopes above BoBo Creek and these will be the focus for the hike. There are also scenic waterfalls in the natural area. Bring water and snacks and footwear with good ankle support. We'll be back at the trail head in the middle of the day.</p> <p><i>Difficulty:</i> The maintained trails have a few steep sections but experienced hikers will not be too challenged.</p> | <p><i>Leader:</i> Todd Crabtree 615-532-1378 todd.crabtree@tn.gov</p> <p><i>Meeting Place:</i> Short Springs State Natural Area (35.4073,-86.1745) <i>Time:</i> 10:00 am Central</p> <p><i>Lunch:</i> Bring water and snacks and footwear with good ankle support. <i>Facilities:</i> None</p> |
| <p>4/12-14, Trails and Trilliums</p> <p>A 3-day festival with guided hikes on trails in South Cumberland State Park. Directions and details: www.trailsandtrilliums.org</p> | <p><i>Meeting Place:</i> Monteagle Sunday School Assembly near I-24 and Sewanee</p> |

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| <p>4/13, Frozen Head Wildflower Walk</p> <p>This is a joint outing for the 53rd Frozen Head Wildflower Pilgrimage with TNPS and TCWP. We will have an excellent opportunity to see spring wildflowers. The first mile is ideal for those with rather limited hiking capabilities; the trail is wide and flat. It is a loop with quick return to the parking area (Interpretive Trail). For those continuing the next 2 miles are steeper and rougher but still moderate (Judge Branch and S. Old Mac Trails).</p> <p><i>Difficulty:</i></p> | <p><i>Leader:</i> Larry Pounds and Jimmy Groton Larry 865-705-8516 PoundsL471@aol.com</p> <p><i>Meeting Place:</i> 1. Gold's Gym/Books-A-Million parking lot in Oak Ridge (at the end close to S. Illinois Avenue, near Salsarita's) 2. Frozen Head State Park at the Park Office</p> <p><i>Time:</i> 1. 9:00 AM Eastern 2. 10:00 AM Eastern/ 9:00 AM Central</p> <p><i>Lunch:</i> Water, lunch, bug spray. <i>Facilities:</i> At meeting places</p> |
| <p>4/24-27, Spring Wildflower Pilgrimage</p> <p>The Spring Wildflower Pilgrimage is an annual event in the Great Smoky Mountains National Park featuring professionally-guided walks to explore the region's rich natural and cultural resources. Programs included fungi, ferns, wildflowers, trees and shrubs, medicinal plants, and more. Directions and details: www.wildflowerpilgrimage.org</p> | <p><i>Where:</i> Great Smoky Mountains National Park, Gatlinburg, TN</p> |
| <p>5/3-4, Elsie Quarterman Cedar Glade Wildflower Festival</p> <p>Elsie Quarterman Cedar Glade Festival is an annual event held at Cedars of Lebanon State Park at the Cedar Forest Lodge (from the main entrance take the fork in the road to the right to the first building on the right). Lectures, hikes, roundtable discussions and more. Details and directions: www.mtsu.edu/glade-center</p> | <p><i>Where:</i> Cedars of Lebanon State Park</p> |
| <p>5/4, Spring Wildflower Hike at Stillhouse Hollow Falls</p> <p>In 2017, the state added approximately 110 acres to the 90-acre Stillhouse Hollow Falls State Natural Area. We plan to hike the 2/3 mile trail to the falls where we will have lunch. After exploring the area around the falls, we will then explore the new property. Since there are no trails on the new property be prepared to walk on uneven ground. Boots are highly recommended. We will explore a ravine and portions of the uplands. The ravine is rich with wildflowers including wild hyacinth, greater yellow ladies'-slippers, Miami mist, purple rocket, Illinois wood-sorrel, and celandine poppy. From the new property we will do a complete loop back to the trail and parking lot. The trip should end around 3 p.m. During the hike the leader will discuss issues, volunteering, management, ecology, and of course the many plants that we will see. To date, 390 plant species have been recorded for the natural area.</p> <p><i>Difficulty:</i></p> | <p><i>Leader:</i> Allan J. Trently and Bart Jones 731-512-1369 allan.trently@tn.gov</p> <p><i>Meeting Place:</i> Parking lot of the natural area just off U.S. Route 43. (https://www.tn.gov/environment/program-areas/na-natural-areas/natural-areas-middle-region/middle-region/na-na-stillhouse-hollow-falls.html)</p> <p><i>Time:</i> 10:00 a.m. Central</p> <p><i>Lunch:</i> Bring water, snack and/or lunch <i>Facilities:</i></p> |

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| <p>5/5, North Ridge Trail (Walker Lane area) TNPS/TCWP (Oak Ridge)</p> <p>This is a joint TNPS and TCWP outing. We will walk down the backside of Black Oak Ridge to a superb spring wildflower area along a lovely spring fed stream. Flowers to be seen depending on the spring season timing include celandine poppy, native pachysandra, Vasey's trillium and many more. The trail is rough and steep in places. We can help each other in these spots. The distance is about 2 miles round trip. NOTE: This trip is scheduled for Sunday.</p> <p>Difficulty:</p> | <p><i>Leader:</i> Larry Pounds and Jimmy Groton Larry Pounds 865-705-8516 PoundsL471@aol.com</p> <p><i>Meeting Place:</i> Oak Ridge Children's Museum parking lot <i>Time:</i> 1:30 PM Eastern</p> <p><i>Lunch:</i> Bring water, bug spray. <i>Facilities:</i> At meeting place</p> |
| <p>5/11, Stinging Fork Falls to Piney River TNPS/TCWP</p> <p>We will caravan from the Exxon to the Lower Piney River Trailhead to start a shuttle leaving some cars there. We will then carpool to the Stinging Fork Falls Trailhead. From there we hike back to the Piney River Trailhead. This section of the Cumberland Trail was completed in fall 2018. What spring flowers we will see is hard to predict. The route is definitely scenic. Total walking distance will be about 6 miles. The trail is up and down with many steps.</p> <p>Alternatives: People are welcome to head back early to the Stinging Fork Falls Trailhead. They will need a car there or will have to wait until the afternoon when the shuttle is completed. With this alternative you could drive back from the Stinging Fork Trailhead to the Piney River Trail Head and walk in along the flat trail by Soak Creek to meet the rest of the group as they reach Soak Creek.</p> <p>Difficulty:</p> | <p><i>Leader:</i> Larry Pounds 865-705-8516 PoundsL471@aol.com</p> <p><i>Meeting Place:</i></p> <ol style="list-style-type: none"> 1. Gold's Gym/Books-A-Million parking lot in Oak Ridge (at the end close to S. Illinois Avenue, near Salsarita's) 2. Rocky Top/ Exxon/ MacDonald's on US 27 in Spring City <p><i>Time:</i></p> <ol style="list-style-type: none"> 1. 9:00 AM Eastern 2. 10:00 AM Eastern <p><i>Lunch:</i> Bring water, lunch, bug spray. <i>Facilities:</i> At meeting places</p> |
| <p>6/1, Chickasaw State Park</p> <p>We will hike the Friends and Forked Pine Trail which will give us an opportunity to botanize upland oak/hickory/pine communities in southwestern Tennessee. We will have an opportunity to see Green adder's mouth orchid (<i>Malaxis unifolia</i>) – although not rare, it is uncommon in west TN. We will also survey warm season grasslands along Highway 100 where we will find several conservative grassland species in flower.</p> <p><i>Directions:</i> Chickasaw State Park is located off Highway 100 in Chester County, TN, approximately 7.5 miles west of Henderson, TN. Please use the main entrance where the Park Office is located (<i>Directions:</i> https://tnstateparks.com/parks/chickasaw). Follow Cabin Lane past Sagamore Lodge to the large parking area near the playground, park on the northern end of the parking lot (near the trail head for Friends Trail).</p> <p>Difficulty:</p> | <p><i>Leader:</i> Claude Bailey cbailey@jscc.edu</p> <p><i>Meeting Place:</i> Parking lot at the Friends Trail trailhead /Picnic Shelter #1 (35.392558, -88.770303). See additional directions on the left.</p> <p><i>Time:</i> 10:00 a.m. Central</p> <p><i>Lunch:</i> Bring water, snack and/or lunch <i>Facilities:</i> Restroom facilities at the parking area.</p> |

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| <p>6/1, Arnold AFB (AEDC) and May Prairie SNA</p> <p>This is a joint hike with the new Middle Tennessee Wild Ones and TNPS. For those that missed the 2016 trip, this is your opportunity to again see orchids and other rare plants. The “Oak Barrens” of Coffee County provide some of the best examples of TN rare plants that also occur in the Gulf Coastal Plain and the prairies of the Midwest. As a result Coffee County is one of only three counties in Tennessee with 50 or more rare plant species. We will visit the AEDC first to see native orchids: <i>Calopogon tuberosus</i>, <i>Cleistes bifaria</i> (now <i>Cleisteslopsis</i>), and possibly <i>Platanthera lacera</i> and <i>Pogonia ophioglossoides</i>. We should also find Death Camas (<i>Zigadenus leimanthoides</i>, now <i>Stenanthium tennesseense</i>), Whorled Loosestrife (<i>Lysimachia quadrifolia</i>), and Hyssop Leaved Skullcap (<i>Scutellaria integrifolia</i>). After lunch time permitting we will visit May Prairie. We should see Mock Bishop’s Weed (<i>Ptilimnium costatum</i>), Enyngo (<i>Eryngium integrifolium</i>), Coppery St. Johnswort (<i>Hypericum denticulatum</i>), Marsh Pea (<i>Lathyrus palustris</i>), Horned Bladderpod (<i>Utricularia cornuta</i>), and Swamp Candles (<i>Lysimachia terrestris</i>).</p> <p><i>Difficulty:</i> Easy to moderate walking in low vegetation.</p> | <p><i>Leader:</i> Dennis Horn 931-461-0262 horndd@lighttube.net</p> <p><i>Meeting Place:</i> Meet at Wendy’s in Manchester TN (82 Expressway Dr, Manchester, TN) (35.459774, -86.054491) <i>Directions:</i> Leave I-24 at exit 114 in Manchester TN. Turn left coming from Chattanooga (right from Nashville) onto US 41 heading NW toward town. Turn right at the 1st traffic light (Raceway at that intersection) beyond the interstate. Wendy’s is half a block on the right. <i>Time:</i> 10:00 a.m. Central</p> <p><i>Lunch:</i> Bring water, insect repellent, sunscreen, and camera. Lunch in car or on trail. <i>Facilities:</i> Facilities at meeting place.</p> |
| <p>7/13, Annual Meeting Reelfoot Lake Hikes</p> <p>Check the TNPS website Conference page for details.</p> | |
| <p>7/20, May Prairie State Natural Area</p> <p>This is another joint hike with the new Middle Tennessee Wild Ones group and TNPS. The “Oak Barrens” of Coffee County provide examples of TN rare plants that are disjunct from the Gulf Coastal Plain and the prairies of the Midwest. The primary goal of this outing is to see Snowy Orchid (<i>Platanthera nivea</i>) in flower. This is the only location known in Tennessee for this Coastal Plain species. Usually flowering with it is the equally rare Coastal False Asphodel (<i>Tofieldia racemosa</i>, now <i>Triantha racemosa</i>). We should also see Mock Bishop’s Weed (<i>Ptilimnium costatum</i>), Enyngo (<i>Eryngium integrifolium</i>), Coppery St. Johnswort (<i>Hypericum denticulatum</i>), three Silphiums, including Shaggy Rosinweed (<i>Silphium mohrii</i>) which is endemic to TN, AL and, GA, Swamp Rose (<i>Rosa palustris</i>), and Virginia Goldenrod (<i>Solidago austrina</i>).</p> <p><i>Difficulty:</i> Easy to moderate walking in low vegetation.</p> | <p><i>Leader:</i> Dennis Horn 931-461-0262 horndd@lighttube.net</p> <p><i>Meeting Place:</i> Meet at Wendy’s in Manchester TN (82 Expressway Dr, Manchester, TN) (35.459774, -86.054491) <i>Directions:</i> Leave I-24 at exit 114 in Manchester TN. Turn left coming from Chattanooga (right from Nashville) onto US 41 heading NW toward town. Turn right at the 1st traffic light (Raceway at that intersection) beyond the interstate. Wendy’s is half a block on the right. <i>Time:</i> 10:00 a.m. Central</p> <p><i>Lunch:</i> Bring water, insect repellent, sunscreen, and camera. Lunch in car or on trail. <i>Facilities:</i> Facilities at meeting place.</p> |

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| <p>7/27, Auto Tour of the New Foothills Parkway Extension</p> <p>We'll explore the new section of the Foothills Parkway by automobile, making stops along the way to see the views and any interesting plants that are to be found. It should be a bit cooler at the elevations where we'll be traveling.</p> <p><i>Difficulty:</i></p> | <p><i>Leader:</i> Allen and Susan Sweetser 865-938-7627 ssretiree@yahoo.com</p> <p><i>Meeting Place:</i> IGA Grocery Store (near the gas pumps) in Townsend (7945 E Lamar Alexander Pkwy, Townsend, TN) <i>Time:</i> 10:00 AM Eastern</p> <p><i>Lunch:</i> Picnic lunch at the Look Rock area. Bring water, lunch and bug spray. <i>Facilities:</i></p> |
| <p>8/11, BioBlitz at The FarmCommunity, Summertown</p> <p>We will join Dr. Dwayne Estes, Executive Director of the Southeastern Grasslands Initiative, Botanical Explorer at BRIT, and Professor of Biology at Austin Peay State University, for a BioBlitz of the prairie barrens at The FarmCommunity. Our focus will be on the flora, but we will also note the pollinators of the ecosystem and any animals and birds that we may encounter. We should be treated with a variety of grasses and late summer wildflowers that are typical of many southeastern grasslands. NOTE: This trip is scheduled for Sunday.</p> <p><i>Difficulty:</i> Easy, but the weather may be very hot. Dress appropriately and bring sunscreen and plenty of water.</p> <p><i>If this event is canceled due to rain we will conduct the hike on 8/18.</i></p> | <p><i>Leader:</i> Cynthia Rohrbach cynthrohr@gmail.com</p> <p><i>Meeting Place:</i> We will meet at The Farm Community Store which is located at 100 Second Rd., Summertown. <i>Time:</i> 10:00 AM Central</p> <p><i>Lunch:</i> Bring. Food is also available at The Farm Community Store. You are invited to bring your swimsuit and enjoy a refreshing dip in the swimming hole after the hike. <i>Facilities:</i> At meeting place.</p> |
| <p>9/7, Bledsoe State Forest Fall Flowers TNPS/TCWP</p> <p>We will caravan from Crossville to the Bledsoe State Forest. We will go to various sites on powerline right-of-ways to see many species of aster, goldenrods and other fall flowers. This is a joint TNPS and TCWP outing. The walks will be short with total distance less than 3 miles.</p> <p><i>Difficulty:</i></p> | <p><i>Leader:</i> Larry Pounds 865-705-8516 PoundsL471@aol.com</p> <p><i>Meeting Place:</i></p> <ol style="list-style-type: none"> 1. Gold's Gym/Books-A-Million parking lot in Oak Ridge (at the end close to S. Illinois Avenue, near Salsarita's) 2. Shell Station on the south side of the Peavine exit in Crossville <p><i>Time:</i></p> <ol style="list-style-type: none"> 1. 9:00 AM Eastern 2. 10:00 AM Eastern or 9:00 AM Central <p><i>Lunch:</i> Bring water, lunch, bug spray. <i>Facilities:</i> At meeting places</p> |

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| <p>9/21, Hike the Tennessee Valley Authority's Lady's Bluff Trail</p> <p>The Lady's Bluff Trail is a 2.6-mile trail (round-trip) in Perry County (north of Mousetail Landing State Park). The trail offers limestone outcrops, abundant wildflowers, and spectacular views of the Tennessee River. There is a large population of aromatic aster (<i>Symphotrichum oblongifolium</i>) along the bluff. Aromatic aster is rare in west Tennessee. Also along the bluff are September elm (<i>Ulmus serotina</i>) and wall-rue (<i>Asplenium ruta-muraria</i>). Along the way to the bluff are some excellent examples of limestone rock outcrop communities. We should see black-stemmed spleenwort, rattlesnake-master, Allegheny spurge, woodland stonecrop, heartleaf noseburn, blue ash, Carolina leaf-flower, and Ohio buckeye as well as a number of plants found in mesic environments.</p> <p><i>Difficulty:</i> The trail is rated as east to moderate. For additional information visit https://www.tva.gov/Environment/Recreation/TVA%E2%80%93Trails/Lady%27s-Bluff-Trail .</p> | <p><i>Leader:</i> Allan J. Trently 731-512-1369 allan.trently@tn.gov</p> <p><i>Meeting Place:</i> Meet at Fat Man's Keystop (11668 Highway 412 W, Linden, TN) <i>Time:</i> 9:30 AM Central</p> <p><i>Lunch:</i> Bring lunch <i>Facilities:</i> At meeting place.</p> |
| <p>10/26, Late Fall at Carroll Cabin Barrens State Natural Area</p> <p>We will make a late fall visit to one of West Tennessee's botanical jewels, Carroll Cabin Barrens State Natural Area, to see one of just two state populations of Great Plains ladies'-tresses (<i>Spiranthes magnicamporum</i>). These orchids are the latest-blooming of all our native orchids and occur in widely scattered prairie relicts in the South that are disjunct from the main populations found in the upper Midwest. If we are lucky (and there has been no frost), we will hopefully enjoy some nice fall foliage and some of the last flowers of the other special fall plants of the barrens like barrens silky aster (<i>Symphotrichum pratense</i>), stiff aster (<i>Ionactis linariifolia</i>), blue sage (<i>Salvia azurea</i> var. <i>grandiflora</i>), and obedient plant (<i>Physostegia virginiana</i>).</p> <p><i>Difficulty:</i> Easy to moderate. Much of the walking is on slopes and there are areas where rocks protrude.</p> | <p><i>Leader:</i> Bart Jones 901-485-2745 bjones7777@hotmail.com</p> <p><i>Meeting Place:</i> Parking lot of the Carroll Cabin Barrens State Natural Area (35.467472, -88.053667) <i>Time:</i> 10:00 AM Central</p> <p><i>Lunch:</i> Late lunch at MeoMio's Cajun Restaurant close by. <i>Facilities:</i> At the restaurant</p> |