Some Materials
- Blank Journal
- Pencil, Eraser, Sharpener
- Pens (micron($), Uniball-Waterproof)
- Watercolor pencils or paint set
- Lettering stamps
- Hand lens
- Field guide

Setting up a Journal

Why Do It?
- Long-term record (phenology) of blooming times, everyday things
- Annotated inventory of plants, birds, etc.
- Identification—knowing names opens the door to learning more
- Plant certification class notes
- Slow down, pay attention, be in the moment

A naturalist pays attention week by week, knowing & sharing some of the stories.