

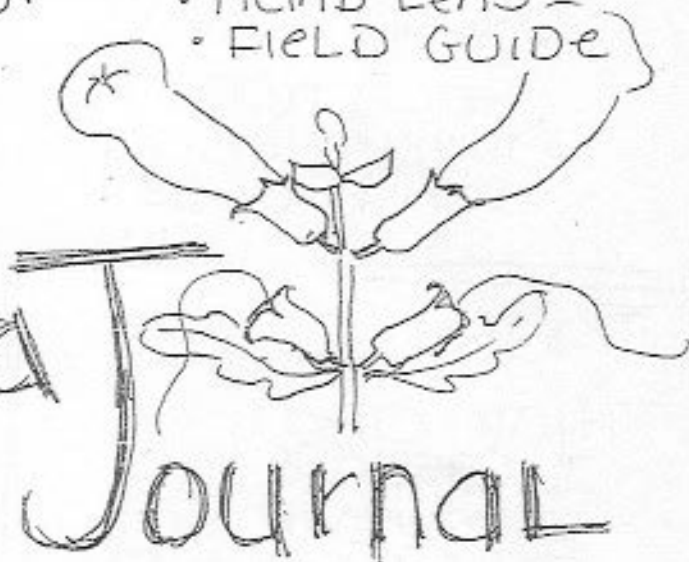
Include:

- Your email address
- Blank PP for TITLE PAGE, TOC
- envelope in back
- Paper CLIPS for "PLANT PRESS"
- SCALES - LENGTH, WIND?

Some Materials

- Blank Journal
- Pencil, eraser, sharpener
- Pens (micron (\$)) (uniBall - waterproof) (PILOT - not ")
- Watercolor Pencils or Paint set
- Lettering stamps
- Hand Lens
- Field Guide

Setting up a Journal



False Foxglove
Aureolaria laevigata

Why do it?

- Long term record (phenology) of Blooming times, everyday things
- Annotated inventory of plants, birds, etc.
- Identification - knowing names opens the door to learning more
- Plant certification class notes
- Slow down, pay attention, be in the moment

A Naturalist pays attention, week by week, knowing & sharing some of the stories.

